



High protein milk semolina

Preparation time: 10 minutes Cooking time: 10 minutes

<u>Ingredients for 1 person:</u>

- 1 vanilla Hyperdrink 400 Kcal
- 20g of « fine » semolina
- 10g of sugar

Directions:

- Boil the contents of vanilla
 Hyperdrink 400 Kcal in a saucepan
- Add the sugar and the semolina while stirring for 10 minutes until slightly thickened
- Poor into a ramekin and allow to cool before serving

HYPERDRINK 400KCAL



Exists in 3 flavors: Apricot, Caramel, Vanilla