

Valeurs nutritionnelles :

	Vanille/Cannelle	Chocolat	Café chicorée	Fleur d'oranger	Praline	Caramel
Protides (g)	10.8	10.3	10.4	10.8	11.8	11.8
Matières grasses (g)	9.7	9.4	10.1	9.4	11.0	10.7
Glucides totaux (g)	12.7	14.5	11.8	11.1	12.5	12.2
Sucres simples (g)	7.5	11.2	7.6	7.5	8.9	8.5
Calories (Kcal)	183.8	188.1	182.5	174.7	198.1	194.3
Calories (KJ)	768.3	786.3	762.9	730.2	828.1	812.2
Fibres (g)	1.3	2.1	1.3	1.3	1.4	1.3
Cholestérol (mg)	127.6	118.8	128.9	126.6	112.1	112.0
Acide gras saturé (g)	5.4	5.3	5.7	5.2	2.9	2.8
AGMI (g)	3.2	3.4	3.3	3.1	5.9	5.8
AGPI (g)	0.7	0.7	0.7	0.7	2.3	2.3
Omega 3 (18 :3 n- 3) (g)	0.1	0.1	0.1	0.1	0.6	0.6
Sodium total (mg)	61.8	61.2	62.9	61.5	62.8	62.7
Sel (g)	0.1	0.1	0.1	0.1	0.16	0.16
Phosphore (mg)	178.8	192.3	176.2	178.2	194.5	192.5
Potassium (mg)	128.8	192.4	142.0	127.8	140.7	134.9
Magnésium (mg)	9.0	27.4	10.1	9.0	12.0	10.3
Calcium (mg)	211.6	199.8	204.1	210.2	228.3	227.8
Fer (mg)	0.8	1.7	0.7	0.7	0.8	0.7
Lactose (g)	3.4	3.4	3.4	3.3	0.2	0.2