



Thickened Red Berries Milkshake

Preparation time: 10 minutes

Ingredients for 1L of milkshake:

- 1 sachet of 80g of Hydr'Instant red berries with sugar in powder
- 1 litre of milk

Directions:

- > In a bowl, pour 1L of milk
- > Sprinkle the sachet of 80g of Hydr'Instant red berries with sugar in powder while stirring with a whisk or a fork.
- > Mix until the powder is well dissolved
- > Let rest for about one hour in the refrigerator and serve chilled

HYDR'INSTANT WITH SUGAR



Exists in 8 flavors: Apricot, Pineapple, Lemon, Red Fruits, Grenadine, Orange, Apple, Peach tea

Chef's tip

Replace the Hydr'Instant with sugar by the one with sweetener, which suits people with diabetes.