



G-Nutrition bread® With raspberry cream

Preparation time: 30 minutes

Ingredients for 10 people:

- G-Nutrition® bread 10 pieces
- Mousse Blanche 1 sachet of 0,240 gr
- Water 45 mL
- Liquid cream 55 mL
- Raspberry about 300 gr
- Raspberry or red fruits sauce200 gr
- Passion fruits sauce 200 gr
- Syrup : caster sugar 400 gr
 - o Water 1 L
 - o Kirsch 5 cl

Directions:

- Cut the G-Nutrition® bread in 2 pieces at ¾ of its height. Keep the top. Soak it of syrup with a brush
- Whisk the mousse blanche, and divide it in 2 equal parts
- Whisk the first part of the mousse with the red fruits sauce and the other part with the passion fruits sauce
- With a spatula, fill the inside of the bread with the passion fruits mousse and end with the red fruits mousse
- > Place some raspberry on the top
- > Finish to put the top of the bread

G NUTRITION BREAD

