



High protein custard cream

Preparation time: 10 minutes

Cooking time: 15 minutes

Ingredients for 2 people:

- 250ml of Hyperdrink 400 kcal (vanilla flavor for the classic recipe, caramel or apricot for an original variant)
- 2 egg yolks
- 20g of sugar
- 8g of cornflour

Directions:

- > Mix the egg yolks and the sugar in a medium bowl and whisk well until the mixture whitens
- > Incorporate the cornflour and mix well
- > Heat the 250ml of Hyperdrink 400 kcal in a saucepan until hot then pour in the bowl
- > Cook over low heat until thickened
- > Once the cream is thickened, stop the cooking.

HYPERDRINK 400KCAL

Exists in 3 flavors: Apricot, Caramel, Vanilla

