



# Constimix in the cream puff manner

Preparation time: 5 minutes

## Ingredients for 1 person:

- 1 sachet of 40gr of constimix flavor banana
- 60ml of water
- 1 puff cream
- Liquid caramel
- Chocolate sauce (optional)

## Directions:

- > Mix in a bowl with a spoon or a whisk the constimix with water until a smooth mixture is obtained.
- > Then cut at 3 /4 the puff to fill it with the mixture
- > Finish with a light caramel topping at the top of the puff

## CONSTIMIX



Exists in 2 flavors: Banana, Carrot-quince